

CHANGING MEDICINE.
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UNIVERSITY OF IOWA CARVER COLLEGE OF MEDICINE

Ob/Gyn Postgraduate Conference

Updates in Urogynecology: The Intersection of
Urology, Obstetrics, and Gynecology



FRIDAY

NOVEMBER 8, 2019

Hilton Garden Inn
328 S. Clinton Street
Iowa City, Iowa

PROVIDED BY: The Department of Obstetrics
and Gynecology, University of Iowa Roy J. and
Lucille A. Carver College of Medicine



GENERAL INFORMATION

Intended Audience

Physicians, Physician Assistants, Nurses, Nurse Midwives, Women's Health Care Providers.

Educational Objectives

Upon completion of this conference, the learner should be able to:

- Describe symptoms that warrant accelerated evaluation in adult women with recurrent urinary tract infection (rUTI)
- Describe principles of antibiotic stewardship for adult women with rUTI
- Discuss non-antibiotic strategies for prevention of rUTI
- Identify a strategy for pragmatic care for patients affected by rUTI
- Explain novel considerations in the use of mesh in urogynecologic surgery
- Describe the role of pelvic floor physical therapy in the treatment of urogynecologic disorders
- Explain pelvic floor changes that can occur secondary to pregnancy and birth
- Explain how to safely use operative vaginal delivery to decrease the first cesarean section
- Discuss how to implement current ideas from research projects into clinical practice
- Describe clinical relevant features of the urobiome
- List the clinical conditions of interest for current urobiome research
- Discuss the impact of urobiome science on evidence generated prior to urobiome discovery
- Discuss the global impact of urogynecologic disorders and opportunities for improvement

Registration Fee

The fee is \$325 for physicians and \$150 for nurses and allied health care professionals. Adjunct faculty and retired physicians may register for \$100. All fees include registration, instruction and educational materials, CME and CE recording, evening reception, continental breakfast, refreshment break and lunch.

While registration is open until the start of the conference, we encourage early registration to enable us to provide the best possible service to participants.

Continuing Education Credit

The University of Iowa Roy J. and Lucille A. Carver College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Physician: The University of Iowa Roy J. and Lucille A. Carver College of Medicine designates this live activity for a maximum of 6.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurse: 6.5 contact hours will be granted by UI Hospitals and Clinics Department of Nursing (IBN Approved Provider #34). Participants must attend the entire program to receive full credit. Questions concerning nursing credits should be directed to the Nursing Clinical Education Center at 319-356-1238.

Special Events

A pre-conference meet and greet with Dr. Brubaker and University of Iowa Faculty will be held Thursday, November 7, 2019 from 6:30-9:00 pm at the Vue Rooftop Restaurant at the Hilton Garden Inn, 328 S. Clinton St, Iowa City, IA, US, 52240

On Friday, November 8, 2019 the Iowa Alumni Society will meet at 1:00 pm and the Iowa ACOG Section Meeting will be at 4:15 pm.

Parking

Parking is available in the City of Iowa City Court Street Transportation Center Ramp connected to the hotel by skywalk. The ramp is behind the hotel between Clinton and Dubuque Streets. The ramp address is 150 W Court Street.

Housing

Participants are responsible for making their own hotel reservations and may do so by contacting the Hilton Garden Inn at (319) 248-6100, or any hotel in the Iowa City area. Rates are not guaranteed.

AGENDA

Ob/Gyn Postgraduate Conference
Friday, November 8, 2019

THURSDAY, NOVEMBER 7, 2019

Vue Rooftop
Hilton Garden Inn
328 S. Clinton Street
Iowa City, Iowa

6:30 PM

Pre-conference Meet and Greet



FRIDAY, NOVEMBER 8, 2019

Hilton Garden Inn
328 S. Clinton Street
Iowa City, Iowa

7:00 AM

Registration & Continental Breakfast

7:30

Welcome and Announcements

Kimberly K. Leslie, MD
Mark Santillan, MD, PhD

7:45

Recurrent UTI: What Evidence Guides our Care?

Linda Brubaker, MD

8:30

Mesh Revisited in 2019

Catherine Bradley, MD, MSCE

9:15

The Last Puzzle Piece: How Pelvic Floor PT Completes the Picture

Amy Little, DPT, WCS, CLT

10:00

Break/Poster Session (No CME/CE)

Poster Session Moderator:
Donna Santillan, PhD

10:30

Pelvic Floor Sequelae of Birth

Joseph Kowalski, MD

11:15

Operative Vaginal Delivery— Attempting to Safely Decrease the First Cesarean

Marygrace Elson, MD, MME

12:00 PM

Lunch

1:00

University of Iowa Alumni Society Meeting (No CME/CE)

1:30

Resident Research Presentations

Factors Associated with Long-Term Pessary Use

Heather Winn, MD

A Retrospective Analysis of Patients with Uterine Carcinosarcomas and Sarcomas: A Single-Institution Experience

Vincent Wagner, MD

Multimodal Perioperative Pain Protocol for Gynecologic Oncology Laparotomy is Associated with Reduced Hospital Length of Stay and Improved Patient Pain Scores

Jordan Mattson, MD

Dual Trigger is an Effective IVF Strategy to Minimize OHSS in all Responders Without Compromising Pregnancy Outcomes

Rebecca Chung, MD

Utility of Extra Biopsies During Colposcopy

Hope Richards, MD

2:45

How Knowledge of the Urobiome May Change Diagnosis and Treatment

Linda Brubaker, MD

3:30

Equity and Opportunity in Women's Global Healthcare

Kimberly Kenne, MD, MCR

4:15

CME Adjourns

4:15

ACOG Iowa Section Meeting

5:00

ACOG Meeting Adjourns

PROGRAM FACULTY

Guest Faculty



Linda Brubaker, MD

Clinical Professor
Reproductive Medicine, Obstetrics and Gynecology
University of California–San Diego
San Diego, CA

University of Iowa Health Care Faculty

Mark Santillan, MD, PhD

(Course Director)
Associate Professor
Department of Obstetrics and Gynecology
Division of Maternal Fetal Medicine

Kimberly K. Leslie, MD

Professor
Chair and DEO
Department of Obstetrics and Gynecology
Division of Maternal Fetal Medicine

Catherine Bradley, MD, MSCE

Professor
Department of Obstetrics and Gynecology
Division of Urogynecology and
Reconstructive Pelvic Surgery

Marygrace Elson, MD, MME

Clinical Professor
Department of Obstetrics and Gynecology
Division of General Obstetrics and
Gynecology

Kimberly Kenne, MD, MCR

Clinical Assistant Professor
Department of Obstetrics and Gynecology
Division of Urogynecology and
Reconstructive Pelvic Surgery

Joseph Kowalski, MD

Clinical Assistant Professor
Department of Obstetrics and Gynecology
Division of Urogynecology and
Reconstructive Pelvic Surgery

Amy Little, DPT, WCS, CLT

Senior Physical Therapist
Department of Rehabilitation Therapies

Donna Santillan, PhD

Research Associate Professor
Co-Director, Division of Reproductive
Sciences Research
Department of Obstetrics and Gynecology

**Residents—Department of
Obstetrics and Gynecology**

Rebecca Chung, MD

Jordan Mattson, MD
Hope Richards, MD
Vincent Wagner, MD
Heather Winn, MD

Planning Committee

Mark Santillan, MD, PhD, *Course Director*
Catherine Bradley, MD, MSCE
Debra Brandt RN, PhD—*Department of
Nursing*
Donna Santillan, PhD

Determination of educational content for this program and the selection of speakers are responsibilities of the program director. Firms providing financial support did not have input in these areas.

DISCLOSURE POLICY: Everyone in a position to control the content of this educational activity will disclose to the CME provider and to attendees all relevant financial relationships with any commercial interest.

Individuals with disabilities are encouraged to attend all University of Iowa sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact the Continuing Medical Education Division in advance at (319) 335-8599.

REGISTRATION

Ob/Gyn Postgraduate Conference
Friday, November 8, 2019

Print clearly

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

Email _____

Degree _____

Primary Specialty _____

Company or Business Name _____

For Office Use Only: PN 29401

Registration Fees

Physician @ \$325	\$ _____
Nurse / Allied Health Professional @ \$150	\$ _____
Adjunct Faculty @ \$100	\$ _____
Retired @ \$100	\$ _____
Resident @ \$75	\$ _____
Fellow @ \$75	\$ _____
Student @ \$50	\$ _____

Total \$ _____

Method of Payment

Registration is confirmed when payment is received.

I enclose a check made payable to The University of Iowa in the amount of \$ _____

TWO WAYS TO REGISTER



Online: medicine.uiowa.edu/cme and click on Upcoming Programs



Mail (For Checks only): University of Iowa Carver College of Medicine
Continuing Medical Education Division
100 Medicine Administration Building
Iowa City, Iowa 52242-1101

The University of Iowa requests this information for the purpose of processing your registration. No persons outside the University of Iowa are routinely provided this information.

FOR FURTHER INFORMATION, PLEASE CONTACT:

Continuing Medical Education Division
University of Iowa Carver College of Medicine
100 CMAB
Iowa City IA 52242-1101
Phone: 319-335-8599 Web: medicine.uiowa.edu/cme

The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, creed, color, religion, national origin, age, sex, pregnancy, disability, genetic information, status as a U.S. veteran, service in the U.S. military, sexual orientation, gender identity, associational preferences, or any other classification that deprives the person of consideration as an individual. The university also affirms its commitment to providing equal opportunities and equal access to university facilities. For additional information on nondiscrimination policies, contact the Director, Office of Equal Opportunity and Diversity, the University of Iowa, 202 Jessup Hall, Iowa City, IA, 52242-1316, (319) 335-0705 (voice), (319) 335-0697 (TDD), diversity@uiowa.edu.

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